

#### Richardson Middle School

Chicago, IL.

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# The AVID Press

#### What is it?

The AVID Potty Press is a monthly newsletter that will inform teachers and students of the monthly AVID Claps, Call Backs, Energizers, and other important information.

Each month a new newsletter will be placed in each of the bathroom stalls as light reading material.

If you have any questions or concerns, please email the AVID coordinator, Ms. Gunn, at <a href="magunn@cps.edu">magunn@cps.edu</a>.

### What is AVID?

AVID is an acronym that stands for Advancement Via Individual Determination. The AVID program teaches students to develop academic habits that they will need to be successful in middle school, high school, college, and careers. Children learn about organization, study skills, communication, and self-advocacy.

#### Upcoming Events

#### **Curriculum Night/Open House**

Thursday, September 12, 5-7pm

#### **NWEA Beginning of Year Testing**

Begins Monday, September 16th

#### **High School Parent Meeting**

Thursday, September 25<sup>th</sup> 8:45 am & 5:00 pm

#### **Jeans Day**

Friday, September 20th

#### This Month's Spotlight Strategies:

## AVID Clap

NAME	CALL	RESPONSE					
AVID CLAP	AVID Clap on Three: 1,2,3	Pound desk twice and clap hands once in unison.					

#### AVID Call Back

NAME	CALL	RESPONSE
Waterfall	"Waterfall"	"Shhhhh"  Students use hands
		to imitate a waterfall.

### AVID Energizer

#### Rock, Paper, Scissors

Rock, Paper, Scissors (aka "Ro-Sham-Bo", *janken*, "Bato, Bato, Pick" and "Scissors, Paper, Stone") is a simple hand game that is played around the world, with many different names and variations. It is commonly used as a way of coming to decisions, and in some cases is even played for sport. The rules require that competing players use one hand to form one of three shapes at an agreed-upon time. The person that plays the strongest "object" is the winner of the game. It's that easy!