

**Fall 2020 VIRTUAL After-School Activities – RICHARDSON MIDDLE SCHOOL**

Activity Name (Grades)	Instructor	Mon	Tue	Wed	Thu	Fri.
Morning Yoga	Kaufmann	8-8:30AM		8-8:30AM		

VIRTUAL AFTER SCHOOL PROGRAMS						
Mindful Warriors	Lucio	4-5:15PM		4-5:15PM		
Science & Engineering	Sakanis	5-6PM				
Men of Honor (7-8 <sup>th</sup> gr)	Maher		4-5:15PM		4-5:15PM	
Empowered Chicas (8)	Guzman			4:30-6PM		
Beginners Music Ensemble (5-6 <sup>th</sup> gr)	Contreras		4:30-5:30PM		4:30-5:30PM	
Advanced Music Ensemble (7-8 <sup>th</sup> gr)	Contreras					4-5:30PM
Small Bites (Cooking) Starts 10/20 (8 week program)	Chef Sachet Idrovo		5-6PM			
VIRTUAL ADULT PROGRAMMING						
Casa de Las Flores (Crafts) Starting 10/19	Maria Perez Idrovo	5:30-7PM				
Asistencia Con La Tecnologia (Adult Tech Support) Starting Oct. 16	Ms. Nava (Pasteur) Idrovo (Richardson) Mr. Rodriguez (Hubbard)	11AM-12PM Class			5:30-6:30 Virtual Office Horus	11AM-12PM Class

**CSI Virtual Programming:**

- Student programs will begin **Tuesday, October 13, 2020**
- Please contact **Ms. Idrovo** at **(312) 590-3217** or via email at [idrovoj@metrofamily.org](mailto:idrovoj@metrofamily.org) with any questions!